## **LMAS Harm Reduction Program**

## **List of Services Provided**

- Peer recovery coaching services
- Safety planning for maintaining and obtaining sobriety
- Teaching relapse prevention and coping mechanisms
- Narcan training and distribution (the nasal spray that reverses overdoses)
- Condom distribution and other safer sex education and supplies
- Resources for STD (chlamydia, gonorrhea, etc.) treatment and prevention
- Hepatitis C and HIV rapid testing
- Link people to social services as needed
- Reduce the spread of blood-borne pathogens like HIV and Hepatitis C

For additional information please contact:

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